# Alfa Romeo NORD Twin Cam Road/Track Camshafts



**Brand:** Cat Cams

Product Code: CAT103024X

Availability: In Stock

Weight: 8.00kg

**Dimensions:** 50.00cm x 10.00cm x

Phone: +613-8743-5550 - Email:

sales@compsystems.com.au

15.00cm

Price: \$1,295.00

## **Short Description**

Designed for the classic Alfa Twin Cam, these road track cam profiles really bring them to life.

Especially recommended with a Heritage DCOE EFI Conversion kit.

## **Description**

Grind numbers 1030241/242/243 are good road track cams.. These will all give lopey idle quality with good mid range and top end. Idel quality is fair on carbs and good on Heritage EFI.

Grind numbers 1030244/247 are race cams with rough idle and excellent top end.

Use these cams with the recommended followers and valve springs. 103044/247 also need a a big valve head and high compression pistons for best results.

Alfa Romeo NORD

I-4cyl 2.0L 8v DOHC (DT/DT)

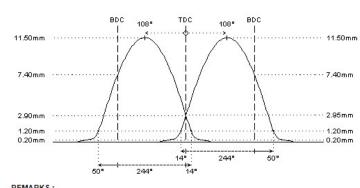




camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 282°	282°
duration @ 1.0mm	: 244°	244°
valve lift	: 11.50mm	11.50mm
cam lift		
lobe angle	: 108°	108°
timing @ 1.0mm	: 14° / 50°	50° / 14°
valve lift @ TDC	: 2.95mm	2.90mm
parts setup:		
cam wheels:	134	:
follower	≪ CC007	. € CC007
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: A PAC-E95009	: A PAC-E95009
interior spring	: NAC-195009	: NAC-195009
fitted load / length	: 35kg @ 35.0mm	: 35kg @ 35.0mm
max. load / lift	: 102kg @ 12.5mm	: 102kg @ 12.5mm

intake

exhaust



#### REMARKS:

- # steel billet, gundrilled for weight saving
- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
   the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed
   distance between valve seal and retainer at full lift must be 0.6mm at least
   minimum valve spring travel of 1.0mm at full lift must be provided
   distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC
  on intake

#### REMARKS:

- # different valve spring setups have been used in the original engines: please double check the measurements and contact Catcams in case of doubt # if required, machine cylinder head and / or use solid shims to adjust
- spring load

hot street - dirt track

Alfa Romeo NORD

I-4cyl 2.0L 8v DOHC (DT/DT)

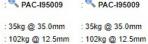


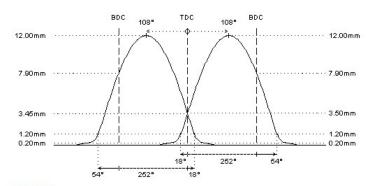


	intake	exhaust
camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 290°	290°
duration @ 1.0mm	: 252°	252°
valve lift	: 12.00mm	12.00mm
cam lift	:	
lobe angle	: 108°	108°
timing @ 1.0mm	: 18° / 54°	54° / 18°
valve lift @ TDC	: 3.50mm	3.45mm



cam wheels: € CC007 follower **Q** CC007 valve lash : O.E.M. O.E.M. valve O.E.M. O.E.M. valve locks O.E.M. O.E.M. upper retainer : OFM OEM lower retainer O.E.M. O.E.M. exterior spring PAC-E95009 PAC-E95009 interior spring PAC-195009 PAC-195009 fitted load / length





#### REMARKS:

- # steel billet, gundrilled for weight saving
- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:

   the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed distance between valve seal and retainer at full lift must be 0.6mm at least minimum valve spring travel of 1.0mm at full lift must be provided

  - distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC
- # ONLY for dirt track applications and pro street use with adjustable engine management or carburettors

#### REMARKS:

max. load / lift

- # different valve spring setups have been used in the original engines: please double check the measurements and contact Catcams in case of doubt
- # if required, machine cylinder head and / or use solid shims to adjust spring load

tarmac rally - race

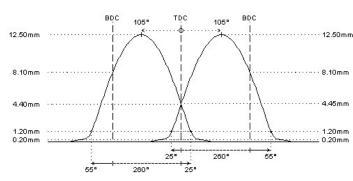
Alfa Romeo NORD

I-4cyl 2.0L 8v DOHC (DT/DT)





	intake	exhaust
camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 298°	298°
duration @ 1.0mm	: 260°	260°
valve lift	: 12.50mm	12.50mm
cam lift	:	
lobe angle	: 105°	105°
timing @ 1.0mm	: 25° / 55°	55° / 25°
valve lift @ TDC	: 4.45mm	4.40mm
parts setup:		
cam wheels:		
follower	€ CC007	: CC007
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: A PAC-E95009	: A PAC-E95009
interior spring	: NAC-195009	: NAC-195009
fitted load / length	: 35kg @ 35.0mm	: 35kg @ 35.0mm
max. load / lift	: 102kg @ 12.5mm	: 102kg @ 12.5mm



#### REMARKS:

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- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
   the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed
   distance between valve seal and retainer at full lift must be 0.6mm at least
   minimum valve spring travel of 1.0mm at full lift must be provided
   distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC on intake
- # ONLY for use in competition engines with independent engine management (throttle position sensor) or carburettors

#### REMARKS:

- # different valve spring setups have been used in the original engines: please double check the measurements and contact Catcams in case of doubt
- # if required, machine cylinder head and / or use solid shims to adjust

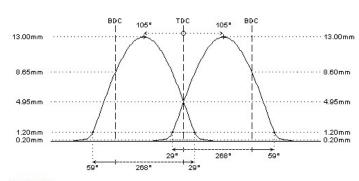
tarmac rally - race

Alfa Romeo NORD I-4cyl 2.0L 8v DOHC (DT/DT)

## CAT CAMS.



	intake	exhaust
camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 307°	307°
duration @ 1.0mm	: 268°	268°
valve lift	: 13.00mm	13.00mm
cam lift	:	
lobe angle	: 105°	105°
timing @ 1.0mm	: 29° / 59°	59° / 29°
valve lift @ TDC	: 4.95mm	4.95mm
parts setup:		
cam wheels:		
follower	CC007	€ CC007
valve lash	: O.E.M.	: O.E.M.
valve	O.E.M.	: O.E.M.
valve locks	O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	A PAC-E15009	PAC-E15009
interior spring	PAC-I15009	: NAC-I15009
fitted load / length	: 35kg @ 35.0mm	: 35kg @ 35.0mm
max. load / lift	: 111kg @ 14.0mm	: 111kg @ 14.0mm



#### REMARKS:

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- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
   the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed
   distance between valve seal and retainer at full lift must be 0.6mm at least
   minimum valve spring travel of 1.0mm at full lift must be provided
   distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC on intake
- ONLY for use in competition engines with independent engine management (throttle position sensor) or carburettors

#### REMARKS:

- # different valve spring setups have been used in the original engines: please double check the measurements and contact Catcams in case of doubt # if required, machine cylinder head and / or use solid shims to adjust
- spring load

full race

Alfa Romeo NORD I-4cyl 2.0L 8v DOHC (DT/DT)

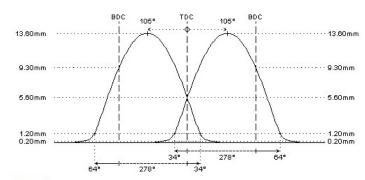




	intake	exhaust
camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 322°	322°
duration @ 1.0mm	: 278°	278°
valve lift	: 13.60mm	13.60mm
cam lift	:	
lobe angle	: 105°	105°
timing @ 1.0mm	: 34° / 64°	64° / 34°
valve lift @ TDC	: 5.60mm	5.60mm

#### parts setup:

cam wheels: € CC007 € CC007 follower valve lash O.E.M. O.E.M. valve O.E.M. O.E.M. valve locks O.E.M. O.E.M. upper retainer : O.E.M. O.E.M. lower retainer O.E.M. O.E.M. exterior spring PAC-E15009 AC-E15009 interior spring PAC-I15009 PAC-I15009 fitted load / length : 35kg @ 35.0mm : 35kg @ 35.0mm



#### REMARKS:

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- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
- - the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed distance between valve seal and retainer at full lift must be 0.6mm at least minimum valve spring travel of 1.0mm at full lift must be provided distance between valve and piston 1.0mm (pref. 1.5mm), check 5-15° before TDC on exhaust, and after TDC
- # ONLY for use in competition engines with independent engine management (throttle position sensor) or

#### REMARKS:

max. load / lift

# different valve spring setups have been used in the original engines: please double check the measurements and contact Catcams in case of doubt

: 111kg @ 14.0mm

: 111kg @ 14.0mm

# if required, machine cylinder head and / or use solid shims to adjust spring load